

The Hoodoo Book of Flowers

Author: Arthur Flowers | Category: Hoodoo & Ancestral Roots

Overview & Sanctuary Summary:

A foundational modern text on Hoodoo tradition, roots, literary conjure, and ancestral spiritwork.

Arthur Flowers presents the living tradition of Hoodoo not as superstitious folklore, but as a sovereign, self-contained African American spiritual practice rooted in resistance, song, and herbal wisdom.

Key Sanctuary Teachings:

- The Crossroads of Spirit: Standing at the intersection of historical trauma, artistic expression, and ancestral communion.
 - Hoodoo as Living Philosophy: Rootwork is the practical application of spiritual sovereignty. We honor the root doctors, hoodoo women, and elders who protected our families through prayer, roots, and fierce protection.
 - Altar Grounding: Cultivating quiet daily presence with water, white candles, and ancestral memory.
 - Practical Meditation: When the world demands your exhaustion, rootwork commands your stillness. Breathe deeply into the lineage that carried you here.
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